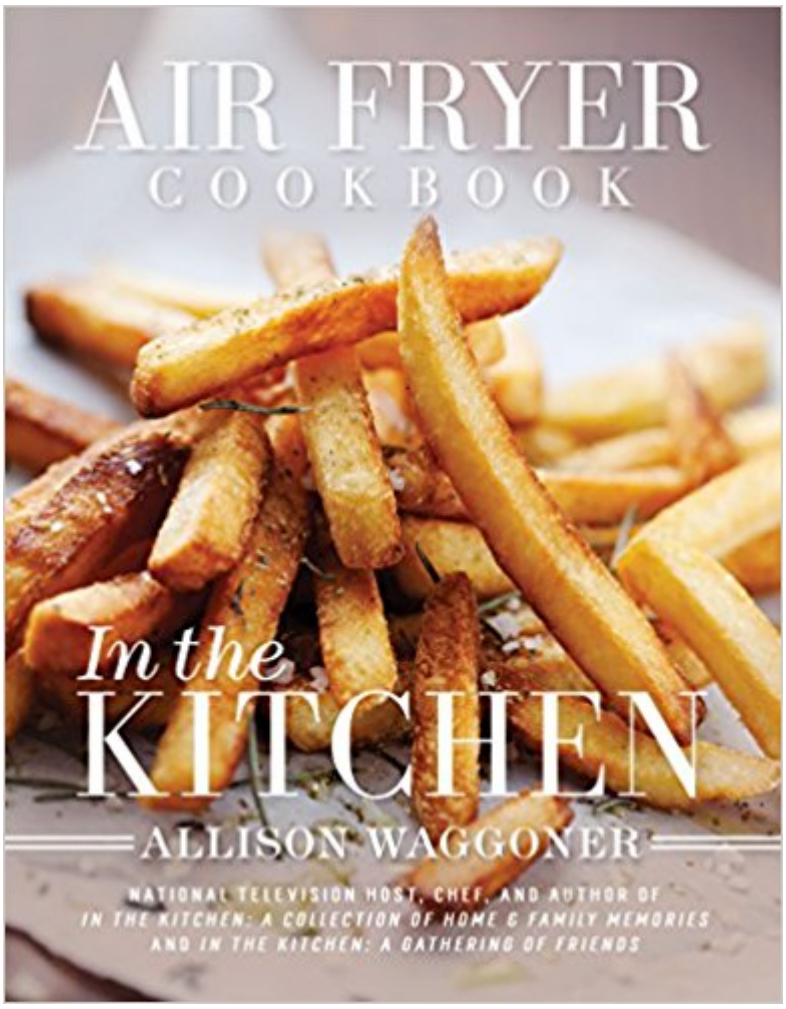
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# Air Fryer Cookbook: In The Kitchen




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## Synopsis

Air fryers are revolutionary kitchen appliances that use superheated air to fry, bake, grill, and steam without added oils and calories. Filled with delicious recipes for breakfasts, vegetables, sides, main dishes, and even desserts, this inspiring cookbook can also be used with induction air cooking. Create healthy, balanced, easy meals you and your whole family will love!Put your Air Fryer to good use with some handy and delicious recipes from our very own Allison Waggoner! "In the Kitchen" Air Fryer Cookbook is choc-a-block full of healthy and yummy recipes - universal recipes for all types of Air Fryers. The recipes work with any model of air fryer, convection and induction air cooking. The book has over 100 recipes - simple and easy dishes from breakfast to desserts!  This cookbook is your complete Air Fry cooking guide - it takes you step by step to create, not only the recipes in the book, but all of your favorites. The frequently asked question guide section answers all your questions about air frying, and a variety of recipes - everything from award winning Buffalo Wings to the perfect French fry, Biscuit Beignets with Praline Sauce, Maple Glazed Donuts, Vegetable and Kale Chips, Soy Salmon Steaks, Taco Cups, Pizza Rolls, Island Coconut Shrimp, Torn Bread Salad, Southern Buttermilk Fried Chicken, Chocolate Lava Cakes, Lemon Sponge Cake, Pecan Pie Bread Pudding and much more! Foods you love without the grease.  Healthy cooking means a healthy you! Additional Information: Dimensions: 7-1/4"L x 9-1/4"H x 1/2"W Book Binding: Hardback; image wrap with smooth, glossy finish Page Count: 151 pages, full color, 102 recipes ISBN Number: 978-1-4621-1809-0 Country of Origin: USA

## Book Information

Hardcover: 160 pages

Publisher: Cedar Fort, Inc.; 2 edition (August 26, 2015)

Language: English

ISBN-10: 1462118097

ISBN-13: 978-1462118090

Product Dimensions:  9.1 x 7.2 x 0.6 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review:  4.0 out of 5 stars  90 customer reviews

Best Sellers Rank: #344,574 in Books (See Top 100 in Books)  #135 inÃ  Â Books > Cookbooks, Food & Wine > Kitchen Appliances > Fryers  #596 inÃ  Â Books > Cookbooks, Food & Wine > Celebrities & TV Shows  #1255 inÃ  Â Books > Cookbooks, Food & Wine > Baking

## Customer Reviews

Air Fryer Heaven!! I just received this book a few days ago and I was sitting at my table skimming through the book and I was pleasantly surprised with not only the recipes, but also the first few pages of frequently asked questions and the cooking guide. I like so many pictures to show you the finished products. The recipes themselves sound so good. And it is unbelievable when you look through this book and realize just how many things can be made in an air fryer! A great book that is priceless to me as I can now cook even healthier than I have been!!Ã¢Ëœâ Ã¢Ëœâ Ã¢Ëœâ Ã¢Ëœâ Ã¢Ëœâ 5 out of 5 stars. Ã Â 2 days ago Ã Â Surprisingly Great Cookbook The last thing I needed was another cookbook, but Allison's caught my eye. I am so impressed--with the quality of the book, with the photos, and with the recipes! Sounds like a no-brainer, but the grilled cheese was the best I have EVER eaten.Ã¢Ëœâ Ã¢Ëœâ Ã¢Ëœâ Ã¢Ëœâ Ã¢Ëœâ Ã¢Ëœâ Ã¢Ëœâ Ã¢Ëœâ Ã¢Ëœâ Ã¢Ëœâ 5 out of 5 stars. Ã Â 8 days ago Ã Â A Winner Beautiful book - looking forward to using it - the receipes look easy for foods that I would really like to eat. It was worth the wait as I ordered my air fryer 2 weeks ago.

In Her Own Words: "When I gather with my family and friends to celebrate birthdays, anniversaries, graduations,and Sunday mornings with the crossword, we celebrate with food. In a fast-moving world, I try to stop for a moment each day and be thankful over a delicious meal. I grew up in a home where my mom's Sunday night dinner was a time I looked forward to all week. My mom is kind, driven, and inspiring. She is thankful for every moment with her children and grandchildren and that love always comes across in her cooking. In culinary school, I was lucky enough to have amazing mentors. They taught me to appreciate ingredients that sometimes would have been overlooked. I realized in my classes that the serenity one feels when doing something they love and appreciate could bring them peace." "Today, I love going to the market, finding fresh fruits and vegetables, and coming home to cook for my family and friends. Finding tomatoes that are so ripe they are sweet. Smelling fresh breads, knowing the dedication and soul that went into the twelve-hour baking process. It is, for me, an unapologetic way of finding a balance in my hectic life. I am blessed that I get to share those experiences with my daughter, Jordon. She reminds me of the lessons my mother taught me. Be kind, give love and share laughter. Growing up, I learned that one person alone does not make a conversation, nor does a tomato make a sauce. So invite a friend."

IÃƒÂ¢Ã â ¬Ã â„¢m a big fan of Allison Waggoner and own all of her books (three so far!). My sister gave me an air fryer for my birthday and IÃƒÂ¢Ã â ¬Ã â„¢ve been on the hunt for a cookbook ever

since. This book is FANTASTIC! I've had friends over for dinner on multiple occasions and they canÃƒÂ¢Ã â ¬Ã â„¢t stop talking about the wonderful food. The biggest reward has been hearing my friends rave about these recipes and sharing this book with them. IÃƒÂ¢Ã â ¬Ã â„¢ve tried about fifteen different recipes so far, and theyÃƒÂ¢Ã â ¬Ã â„¢re all delicious and so tasty. The directions are easy to follow and there are dishes you can prepare ahead (which is great for entertaining!). The book is also so well put together, and I love the photography in all of AllisonÃƒÂ¢Ã â ¬Ã â„¢s books. Great job! Buy this Now!

Photos are beautiful. Recipes are easy to follow;however, you still have to "play" with your own recipes to make them work. The fryer is a wonder addition to my kitchen and I have been using it all the time since I got it.

Great cookbook! Thanks for the ideas and recipes. We bought my mom the Phillips Digital Air Fryer for Christmas along with some accessories. My kids got her this cookbook. It's great!My mom doesn't need cookbooks and can whip up great food. I do not share that"gift". I need cookbooks, and then I just might have a chance to get something right. :) This cookbook really covers a lot of what you can do with the Air Fryers. It gives anyone a great recipe to follow or an idea for those that can already cook or cook great! There are pictures with the recipes, and it's a simple, but well thought out book. I don't buy cookbooks that have difficult recipes or ones without pictures. This cookbook was rated well, and so looked at the few pages on the "Look inside" and it looked promising. I bought it for my kids to give her. It DELIVERED!! Great cookbook!! I could maybe even make a successful meal from her book!Absolutely a great find and I highly recommend it even for great cooks out there like my mom. It gives you more ideas, it's creative yet practical everyday and special occasions recipes. I don't impress easily when it comes to cooking anything.... but this cookbook is worth the buy, I bought the hardback. I know it has a Kindle version one too, but I thought that would be more difficult to use then a real hard covered book. LOVE IT!! More importantly? My mom does use it. The recipes are a great success, the food comes out great, and again it gives you ideas on different ways or foods you can make using the Hot Air Fryers. She uses the cookbook a few times a week and is always making great food!! This cookbook is out on the counter, not on the shelf with all the others!!Thank you to Ms.Waggonner for making a great, easy to understand cookbook with great pictures! It has given my mom even more ideas of how to use her new Hot Air Fryer!Thanks again~ Geo

This cookbook is NOT just an air fryer cookbook--which is what I was looking for. Many of the recipes are for conventional cooking. I was not interested in getting just another cookbook. If you are looking to learn how to cook in an air fryer, this s not the book to get.

Enjoyed the book! Only thing I did not like was the prep involved before you actually use the airftyer, the pre heating and microwave use before actual use of the fryer. Otherwise very good !

We have cooked sausages, chicken fingers, chicken breast, (some like kfc) and with just some spices, butter chicken is awesome, even made small spaghetti sauce. All came out great tasting and in half the time to cook on stove.This book is very good or at least I think it is. I have bought a few of these books because I wanted to know the best possible ways of using the air fryer to the full extent of it’s use.Hope this helps.Mary

I like Allison’s air fryer cookbook. She will give you the temperature and time to cook different things. Other cookbooks for air fryer are not precise on information you need.

A few good recipe’s , but nothing you can’t find in any other cookbook.I would say the book is worth not more than $10.00

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